

## Invitation to a Creative Seminar

Organised by the Creativity and Emergent Educational Futures Network (CEEN)

Graduate School of Education, University of Exeter

Join us for a creative collaborative and empowering event exploring

### Dramatherapy: An Empowering and Healing Creative Therapy

*Monday, 1 February 12.30 to 1.45 pm (GMT) via Zoom*



*We are excited to host three speakers from Intisar Foundation to share their experiences with using drama therapy as a novel and promising psychological intervention tool for treating trauma in female survivors of war and violence.*

**Her Royal Highness Sheikha Intisar AlSabah** is the Founder and Chairwoman of the Intisar Foundation, a UK-based charity that works with women affected by war to alleviate their trauma through Drama Therapy. She's the driving force behind several initiatives to promote positive thinking, wellbeing, and strong ethical values. She started an educational programme which establishes a positive learning environment in schools including four award-winning films using local Kuwaiti youth. Through the Intisar Foundation she uses the creative therapeutic approach of drama therapy and aims to heal 1 million Arab women affected by war in the next 20 years.

**Dr Lina Haddad Kreidie** is a visiting assistant professor and the academic director of the MEPI-TLS-gender program at the Lebanese American University (LAU). Kreidie is a political psychologist, and a research consultant on Women's Empowerment at Intisar Foundation.

**Mrs Farah Wardani** is a theater actress (improvised and scripted), clown doctor, puppeteer, drama trainer and applied theater practitioner. Farah is the director of Laban (a Lebanese theater-based NGO). Since 2018 she has led drama therapy workshops with Intisar Foundation targeting Arab women victim of war since 2018.

This event will be facilitated by Dr Manal Sabbah and Dr Fran Martin, Honorary Research Fellows, University of Exeter, Graduate School of Education. They share a passion for decolonisation and social justice praxis.

To attend this event, please click on the link to register via zoom.

<https://Universityofexeter.zoom.us/meeting/register/tJUofuuprT0qGtAgB-Abvx3P0g2kbhZhMI5B>