

S E M I N A R

**Uptake of antepartum continence
screening and pelvic floor muscle exercise
instruction by maternity care providers: an
implementation project**

Associate Professor Helena Frawley
Monash University, Melbourne

Monday 18th June 2018, 1:00 – 2:00 pm

Venue: South Cloisters, Room 3.06
St Luke's Campus
Building 11 on the [campus map](#)

Dr Helena Frawley is a pelvic floor physiotherapist and researcher. Alongside her position at Monash University, she is the Head of Cabrini Centre for Allied Health Research and Education, at Cabrini Health. Helena completed her PhD at The University of Melbourne in 2008, and gained Fellowship of the Australian College of Physiotherapists in 2011, as a Specialist Continence and Women's Health Physiotherapist. She also holds an Honorary position at the University of Exeter Medical School, working with Sarah Dean, Tori Salmon, Rachel Jarvie and Rohini Terry on the APPEAL programme grant.

Her research is focused on pelvic floor muscle measurement studies and conservative therapies to treat pelvic floor dysfunction: pelvic organ prolapse, pelvic pain, incontinence and pelvic floor problems following pelvic surgery, including for pelvic cancer. Her other research interest is translational research, including implementation of clinical practice guidelines.

Helena is active internationally in this area of work, as a member of several international working groups and committees. She is committed to improving pelvic floor function.

For further information please contact: Marilyn Evans (email Marilyn.evans@exeter.ac.uk)

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